



NIPISSING DISTRICT HOCKEY LEAGUE

NDHL GAME LENGTH

House League Games

Novice House	3-10 minute periods	No floods between periods
Atom House	3-10 minute periods	No floods between periods
Pee-Wee House	3-10 minute periods	No floods between periods
Bantam House	3-10 minute periods	No floods between periods
Midget House- in Powassan Asterville and North Bay	3-10 minute periods	No floods between periods
Midget House- in all other NDHL arenas	3-12 minute periods	No floods between periods

Rep League Games

Novice Rep	3-10 minute periods	No floods between periods
Atom Rep	3-10 minute periods	No floods between periods
Pee-Wee Rep	3-14 minute periods	No floods between periods
Bantam Rep	3-14 minute periods	Flood between 2 nd 3 rd period
Midget Rep	3-14 minute periods	Flood between 2 nd 3 rd period

NDHL NORTH GAME LENGTH

House League Games

Novice House	2-10 minute 1-12 minute periods	No floods between periods
Atom House	3-12 minute periods	No floods between periods
Pee-Wee House	3-12 minute periods	No floods between periods
Bantam House	3-12 minute periods	No floods between periods
Midget House	3-12 minute periods	No floods between periods

Note- All regular season and playoff games, in both the Rep League and the House League, will begin with a running start.