



Policies & Procedures for Games

Policy: Designated Team Jersey Colors

- Unless as otherwise approved by the NDHL executive, for all NDHL games played, the home team shall wear principally white or light colored jerseys, and the visiting team shall wear principally dark colored jerseys.

Procedure: Running Start

- Four (4) minutes shall be added to the start of the first period. For example, the first period of a U9 house game will start with 14:00 (14) minutes on the clock. The first period of a U13 Rep game will start with 18:00 (18) minutes on the clock.
- As soon as the players are permitted on the ice, the clock will begin running.
- The clock will not stop until the first stoppage of game play.
- These four (4) extra minutes added to the beginning of the first period are to be used to “peg” the nets, officials shake hands with the coaches, players lineup to shake hands with opposing team players and coaches, players warm up, final words from the coach, and/or a team cheer.
- One (1) minute prior to the official start of the first period, the horn will be sounded warning the teams to get ready for the opening faceoff.
- Each team must have their players lined up for the opening faceoff prior to the clock reaching the official start of the first period.
- If the teams are not lined up for the opening faceoff, the clock will continue to run, and will stop at the first stoppage of play after the opening faceoff.
- If a team is unreasonably delaying the start of the game, the referee may assess a delay of game penalty.