



Hello hockey parents,

4on4 is just around the corner, here are a few things to remember.

- games are 50 minutes in length for all levels
- we need 2 parents for doors at every game. Parents should take turns with this.
- Be ready to play 15 minutes prior to your game
- It's for fun, please remember this is about the children.
- There will be ZERO tolerance for any form of disrespect.
- You will receive your Jersey at your first game.
- Have fun and be kind

## RULES

**ADULT SUPERVISION IS MANDATORY FOR EVERY GAME ON THE PLAYERS BENCH**

**THE REFEREE WILL NOT START PLAY UNTIL AN ADULT IS PRESENT ON THE PLAYERS BENCH AND THE TIMEKEEPER WILL THEN START THE TIME.**

**1-4ON4 HOCKEY IS AN OPPORTUNITY TO PLAY HOCKEY AND HAVE FUN**

**2- GAMES WILL CONSIST OF 2x 22 MINUTES STRAIGHT TIME PERIODS, 1x 3MINUTE WARM UP & 1x 3 MINUTE INTERMISSION.**

**3- THE TIMEKEEPER WILL SOUND HORN FOR CHANGES EVERY 2 MINUTES, PLAYERS CAN BEFOREHAND IF THEY DESIRE.**

**4- PLAYERS MUST RELEASE THE PUCK AND START LINE CHANGE WHEN HORN SOUNDS.**

**5- THE PLAY WILL CONTINUE**

**6- FOR OFFSIDE, PLAYERS WILL RELEASE POSSESSION OF THE PUCK AND CLEAR THE OFFENSIVE ZONE (REFEREE WILL WHISTLE TO INDICATE OFFSIDE)**

**7- WHEN A GOAL IS SCORED THE SCORING TEAM WILL RETREAT TO THE NEUTRAL ZONE TO ALLOW OTHER TEAM TO GAIN POSSESSION OF THE PUCK AND LEAVE THEIR ZONE.**

**8- PLAYERS OF ALL LEVELS OF HOCKEY PLAY IN 4ON4. NO ROUGH PLAY WILL BE TOLERATED. A PLAYER MAY BE PENALIZED BY A REFEREE AND ASKED TO RETURN TO THE PLAYERS BENCH. A PLAYER WHO CONTINUES ROUGH PLAY MAY BE ASKED TO LEAVE THE GAME. SHOULD A PENALTY BE CALLED IT WILL RESULT IN A PENALTY SHOT.**

**9- 4ON4 WELCOMES ALL SKILL LEVELS OF HOCKEY, TEAM PLAY IS STRONGLY ENCOURAGED.**

**10- RESPECT THE REFEREE, TIMEKEEPER AND VOLUNTEER PARENT ON THE BENCH! THIS PROGRAM IS AVAILABLE BECAUSE WE HAVE MANY VOLUNTEERS OFFERING THEIR TIME.**